**Badminton Notes**

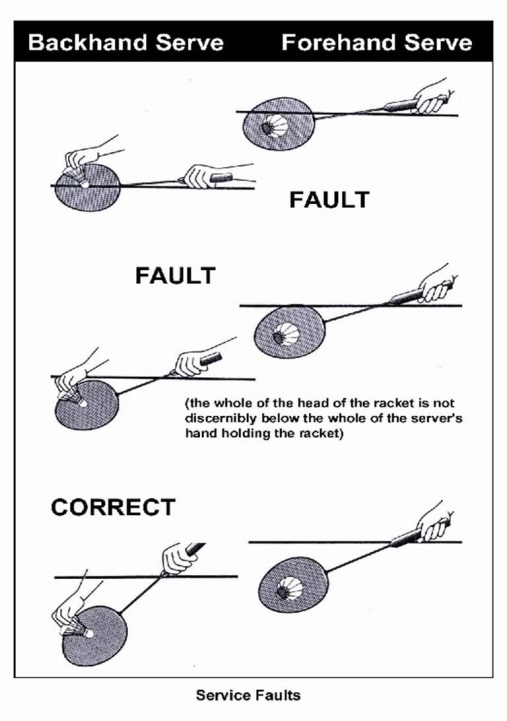
Name:

**Singles:**

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|  |  |  |  |
|  |  |  | Service Court |
|  |  | | NET |
|  |  | |  |
|  |  |  | Game Court |
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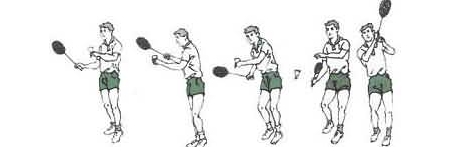
**Doubles:**

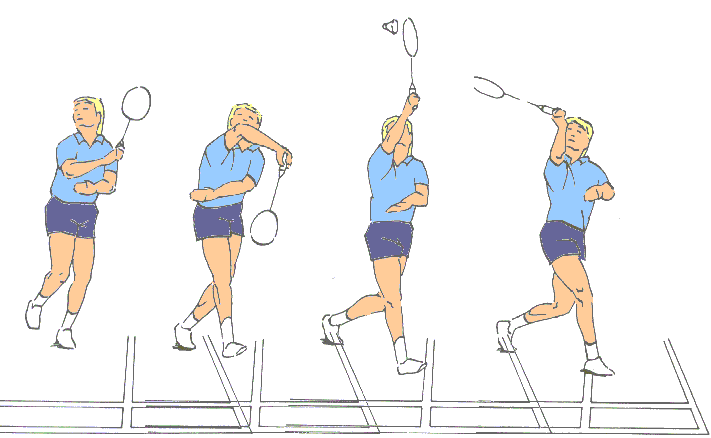
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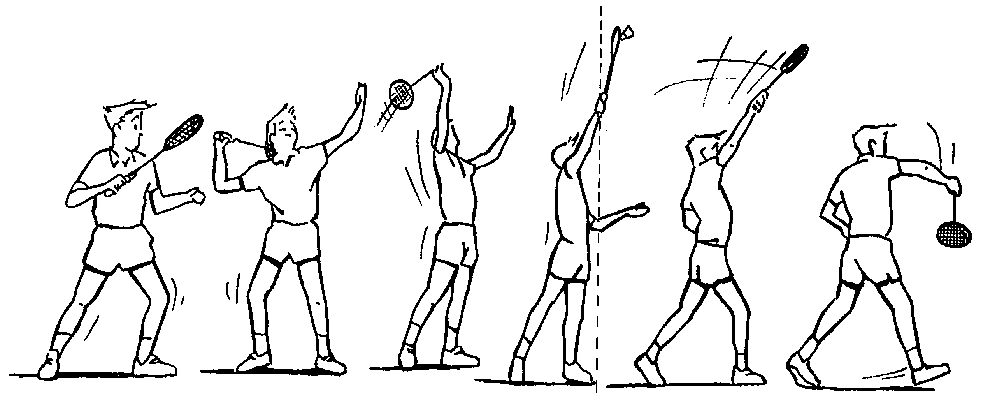
**Basic Rules:**

* Games are to 21pts (Win by 2 pts; capped at 30; i.e. 29-29 = next point wins)
* Serving:
  + Serving starts from the right hand court
    - Server serves into the receiving court diagonal from him/herself
  + The birdie must be below the servers waist, when struck
  + The WHOLE head of the racket must be below the wrist
  + Once your racquet is moving forward you have attempted to serve!
    - No re-do’s if you miss the birdie!
  + Serve is rally point and alternates between teams and teammates.
    - E.G. If you lose serve your opponent serves next and then your teammate and then your opponent’s teammate, etc. as each person loses their serve.
* You cannot touch the net with any part of your body, or racquet
* You must return the birdie to your opponent in 1 hit (same in both singles and doubles!)

**Skills:**

1. Forehand
   1. 
2. Serve



1. Backhand
2. Overhead smash



1. Drop Shot